

Fitness Schedule - January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	3	4
5	6	7 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	8	9 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	10	11
12	13	14 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	15	16 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	17	18
19	20	21 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	22	23 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	24	25
26	27	28 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	29	30 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	31	

Fitness Schedule - February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	3	1
2	3	4 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	5	6 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	7	8
9	10	11 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	12	13 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	14	15
16	17	18 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	19	20 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	21	22
23	24	25 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	26	27 <i>5:45 Yoga Mind & Body</i> <i>6:30 Get Fit Bootcamp</i>	28	29